

EMT-I SKILLS PACKET

AN EMS COMPONENT APPROVED BY THE CALIFORNIA EMS AUTHORITY

FOR STATE FIRE TRAINING



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EMT-I SKILLS PACKET

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Introduction

In order to be eligible for CSFM EMT-I certification, students must satisfactorily demonstrate proficiency in all fifteen (15) skills. Skill proficiency must be demonstrated before taking the EMT-I final course written exam. These fifteen (15) skills should not be modified. Additional skills, however, may be added by the Primary Instructor in order to maintain compliance with local protocol or agency-specific equipment usage.

Skills proficiency testing is an integral part of the evaluation process required of fire service emergency medical responders. The skill proficiency examinations provide specific detail for each EMS skill. Each examination lists the performance criteria and specific steps to be completed for each skill. As such, these skill sheets serve as both a training guide and an evaluation instrument.

Each student is to have his or her own set of skill sheets and is responsible to maintain them and bring them to class as directed by the instructor.

Each skill will require a careful demonstration by the instructor in conjunction with associated lecture and simulation instruction. After the demonstration, students will break into small groups and practice using their own skill proficiency checklist. Careful monitoring of the individual groups will ensure the procedures are fully understood by all students.

Students will be tested throughout the course on individual skills as a means of assessing progress. The proficient utilization of multiple skills is a critical element of effective patient care; therefore, as students progress, multiple tasks scenarios may be employed by the instructor.

Examination Process

Individual skills may be added based upon local scope of practice or agency-specific equipment. This in turn may change the expected student performance. The instructor will need to modify the checklist to incorporate additional expected student performance criteria.

Specific steps within a skill may contain one or more components. Some components may be "critical" to the successful completion of the step, while other components are "important" but not necessarily mandatory. The instructor should vary the criticality of the component based on the scenario used.

When conducting skills testing during the Emergency Medical Technician-I basic or refresher course, the following procedures must be followed:

1. Students must be tested and satisfactorily complete all skills proficiency evaluations. Skill evaluations will be conducted at the completion of each module. These periodic skill evaluations will include all skills presented in the module. As the course progresses, the



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instructor may include previously tested skills during a module exam as a means of ensuring maintenance of proficiency.

2. In addition to periodic skill evaluations, each EMT-I Basic course must include a final skills examination. This final examination will include all fifteen (15) skills.
 - #1: Patient Assessment/Management – Trauma
 - #2: Patient Assessment/Management – Medical
 - #3: Upper Airway Adjuncts and Suction
 - #4: Bag-Valve-Mask Apneic Patient
 - #5: Supplemental Oxygen Administration
 - #6: Mouth-to-Mouth with Supplemental Oxygen
 - #7: Cardiac Arrest Management/AED
 - #8: Bleeding Control/Shock Management
 - #9: Spinal Immobilization Supine Patient
 - #10: Spinal Immobilization Seated Patient
 - #11: Unattached Avulsion or Amputation
 - #12: Long Bone Immobilization
 - #13: Joint Dislocation Injury
 - #14: Traction Splinting
 - #15: Prehospital Childbirth
3. The final skills examination must be satisfactorily completed before taking the final course written exam. Students can fail no more than three skills during one examination session or any one skill no more than three times. Failure to pass the skills examination will result in course failure, and the student will be required to take the course over again in order to be eligible for certification.
4. For every skill, the student must identify or utilize appropriate personal protective equipment.
5. For every skill, the student will be presented with a given scenario that requires a specific performance. As the student performs the skill, the evaluator will observe their performance and note either successful completion or omission of each step. Many steps have additional components, which depending on their criticality to the scenario may be required in order to successfully complete the step. The student will be required to demonstrate proficiency for each component labeled as critical criteria, failure to do so is automatic failure of that skill.

It should be understood that the following skills are not a complete description of every skill that an EMT-I is expected to perform. No realistic test would provide this wide a spectrum of examination. However, these skills do provide a method to satisfactorily ensure that EMT-I personnel are able to perform at a prescribed standard in most prehospital medical emergencies.



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Skills Verification Process

Skills competency shall be verified by direct observation of an actual or simulated patient contact. Skills competency shall be verified by an individual who is currently certified or licensed as an EMT-I, EMT-II, Paramedic, RN, PA, or physician and who shall be designated by an EMS approved training program or an EMS service provider; EMS service providers include, but are not limited to public safety agencies, private ambulance providers, and other EMS providers.

EMT-I BASIC SKILLS EXAM EVALUATION SUMMARY

Office of State Fire Marshal

State Fire Training

Box 944246, Sacramento, CA 94244-2460

Student:	Student's Signature:	Primary Instructor:
Certifying Authority: OSFM/State Fire Training	I have reviewed the results of my EMT-I Skills Competency Exam with the primary instructor.	Primary Instructor's Signature:
Skill #1: Patient Assessment/Management - Trauma	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #2: Patient Assessment/Management - Medical	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #3: Upper Airway Adjuncts and Suction	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #4: Bag-Valve-Mask Apneic Patient	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #5: Supplemental Oxygen Administration	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #6: Mouth-to-Mask with Supplemental Oxygen	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #7: Cardiac Arrest Management/AED	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #8: Bleeding Control/Shock Management	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #9: Spinal Immobilization Supine Patient	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #10: Spinal Immobilization Seated Patient	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #11: Unattached Avulsion or Amputation	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #12: Long Bone Immobilization	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #13: Joint Dislocation Injury	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #14: Traction Splinting	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:
Skill #15: Prehospital Childbirth (CA Requirement)	<input type="checkbox"/> Pass <input type="checkbox"/> Fail	Date:
Skills Evaluator:	Signature:	Certification/License #:

Original: Student's Copy

Copy for Instructor's Record



EMT-I SKILLS PACKET

Skill #1: Patient Assessment/Management - Trauma

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

		Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions		1	
Scene Size Up			
Determines the scene is safe		1	
Determines the mechanism of injury		1	
Determines the number of patients		1	
Requests additional help if necessary		1	
Considers stabilization of spine		1	
Initial Assessment			
Verbalizes general impression of the patient		1	
Determines responsiveness/level of consciousness		1	
Determines chief complaint/apparent life threats		1	
Assess airway and breathing	Assessment	1	
	Initiates appropriate oxygen therapy	1	
	Assures adequate ventilation	1	
	Injury management	1	
Assess circulation	Assesses/controls major bleeding	1	
	Assesses pulse	1	
	Assesses skin (color, temperature, and conditions)	1	
Identifies priority patient/makes transport decision		1	
Focused History and Physical Exam/Rapid trauma assessment			
Selects appropriate assessment (focused or rapid assessment)		1	
Obtains or directs assistance to obtain baseline vital signs		1	
Obtains SAMPLE history		1	
Detailed Physical Examination			
Assesses the head	Inspects and palpates the scalp and ears	1	
	Assesses the eyes	1	
	Assesses the facial areas including oral and nasal areas	1	
Assesses the neck	Inspects and palpates the neck	1	
	Assesses for jugular vein distention	1	
	Assesses for tracheal deviation	1	
Assesses the chest	Inspects	1	
	Palpates	1	
	Auscultates	1	



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Skill #1 continued		Points Possible	Points Awarded
Assesses the abdomen and pelvis	Assesses the abdomen	1	
	Assesses the pelvis	1	
	Verbalizes assessment of genitalia/perineum as needed	1	
Assesses the extremities	1 point for each extremity Includes inspection, palpation and assessment of motor, sensory, and circulatory functions	4	
Assesses the posterior	Assesses thorax	1	
	Assesses lumbar	1	
Manages secondary injuries and wounds (if present) appropriately		1	
Total:		39	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not determine scene safety
- _____ Did not assess for spinal protection
- _____ Did not provide for spinal protection
- _____ Did not provide high concentration of oxygen
- _____ Did not Find or manage problems associated with airway, breathing, hemorrhage, or shock (hypo perfusion)
- _____ Did not differentiate patient's need for transportation versus continued assessment at the scene
- _____ Did other detailed physical examination before assessing the airway, breathing, and circulation
- _____ Did not transport patient within ten (10) minute time limit



EMT-I SKILLS PACKET

Skill #2: Patient Assessment/Management - Medical

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

						Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions						1	
Scene Size-up							
Determines the scene is safe						1	
Determines the mechanism of injury/nature of illness						1	
Determines the number of patients						1	
Requests additional help if necessary						1	
Considers stabilization of spine						1	
Initial Assessment							
Verbalizes general impression of the patient						1	
Determines responsiveness/level of consciousness						1	
Determines chief complaint/apparent life threats						1	
Assess airway and breathing		Assessment				1	
		Initiates appropriate oxygen therapy				1	
		Assures adequate ventilation				1	
Assess circulation		Assesses/controls major bleeding				1	
		Assesses pulse				1	
		Assesses skin (color, temperature, and conditions)				1	
Identifies priority patient/makes transport decision						1	
Focused History And Physical Exam/Rapid Trauma Assessment							
Signs and symptoms (Assess history of present illness)						1	
Respiratory	Cardiac	ALOC	Allergic Reaction	Poisoning/ Overdose	Environmental Emergency	Obstetrics	Behavioral
<ul style="list-style-type: none">▪ Onset?▪ Provokes?▪ Quality?▪ Radiates?▪ Severity?▪ Time?▪ Interventions?	<ul style="list-style-type: none">▪ Onset?▪ Provokes?▪ Quality?▪ Radiates?▪ Severity?▪ Time?▪ Interventions?	<ul style="list-style-type: none">▪ Description of episode?▪ Onset?▪ Duration?▪ Associated Symptoms?▪ Evidence of Trauma?▪ Interventions▪ Seizures?▪ Fever?	<ul style="list-style-type: none">▪ History of Allergies?▪ What were you exposed to?▪ How were you exposed?▪ Effects?▪ Progression?▪ Interventions?	<ul style="list-style-type: none">▪ Substance?▪ When did you ingest/become exposed?▪ How much did you ingest?▪ Over what time period?▪ Interventions?▪ Estimated weight?	<ul style="list-style-type: none">▪ Source?▪ Environment?▪ Duration?▪ Loss of consciousness?▪ Effects- general or local	<ul style="list-style-type: none">▪ Are you Pg?▪ How long have you been Pg?▪ Pain or contractions?▪ Bleeding or discharge?▪ Do you feel the need to push?▪ Last menstrual period?	<ul style="list-style-type: none">▪ How do you feel?▪ Determine suicidal tendencies▪ Is the patient a threat to self or others?▪ Is there a medical problem?▪ Interventions?



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Skill #2 continued	Points Possible	Points Awarded
Allergies	1	
Medications	1	
Past pertinent history	1	
Last oral intake	1	
Event leading to present illness (rule out trauma)	1	
Performs focused physical examination (assesses affected body part/system or, if indicated, completes rapid assessment)	1	
Vitals (obtains baseline vital signs)	1	
Interventions (obtains medical direction or verbalizes standing order for medication interventions and verbalizes proper additional intervention/treatment)	1	
Transport (re-evaluates the transport decision)	1	
Verbalizes the consideration for completing a detailed physical examination	1	
On-going Assessment (Verbalized)		
Repeats initial assessment	1	
Repeats vital signs	1	
Repeats focused assessment regarding patient complaint or injuries	1	
Total:	30	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not determine scene safety
- _____ Did not obtain medical direction or verbalize standing orders for medical interventions
- _____ Did not provide high concentration of oxygen
- _____ Did not Find or manage problems associated with airway, breathing, hemorrhage, or shock (hypo perfusion)
- _____ Did not differentiate patient's need for transportation versus continued assessment at the scene
- _____ Did detailed or focused history/physical examination before assessing the airway, breathing, and circulation
- _____ Did not ask questions about the present illness
- _____ Administered a dangerous or inappropriate intervention



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Skill #3: Upper Airway Adjuncts and Suction

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Oropharyngeal Airway		
Takes or verbalizes body substance isolation precautions	1	
Selects appropriately sized airway	1	
Measures airway	1	
Inserts airway without pushing the tongue posteriorly	1	
Note: The examiner must advise the candidate that the patient is gagging and becoming conscious.		
Removes the oropharyngeal airway	1	
Suction		
Note: The examiner must advise the candidate to suction the patient's airway.		
Turns on/prepares suction device	1	
Assures presence of mechanical suction	1	
Inserts the suction tip without suction	1	
Applies suction to the oropharynx/nasopharynx	1	
Nasopharyngeal Airway		
Note: The examiner must advise the candidate to insert a nasopharyngeal airway.		
Selects appropriately sized airway	1	
Measures airway	1	
Verbalizes lubrication of the nasal airway	1	
Fully inserts the airway with the bevel facing toward the septum	1	
Total:	13	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not obtain a patent airway with the oropharyngeal airway
- _____ Did not obtain a patent airway with the nasopharyngeal airway
- _____ Did not demonstrate an acceptable suction technique
- _____ Inserted any adjunct in a manner dangerous to the patient



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Skill #4: Bag-Valve-Mask Apneic Patient

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	1	
Opens the airway	1	
Inserts an airway adjunct	1	
Selects appropriately sized mask	1	
Creates a proper mask-to-face seal	1	
Ventilates patient at no less than 800 ml volume (The examiner must witness for at least 30 seconds)	1	
Connects reservoir and oxygen	1	
Adjusts liter flow to 15 liters/minute or greater	1	
Applies and adjusts the mask to the patient's face	1	
Note: The examiner indicates arrival of a second EMT. The second EMT is instructed to ventilate the patient while the candidate controls the mask and the airway.		
Re-opens the airway	1	
Creates a proper mask-to-face seal	1	
Instructs assistant to resume ventilation at proper volume per breath (The examiner must witness for at least 30 seconds)	1	
Total:	12	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not immediately ventilate the patient
- _____ Interrupted ventilations for more than 20 seconds
- _____ Did not provide or direct assistant to provide proper volume/breath (More than two (2) ventilations per minute are below 800 ml)
- _____ Did not allow adequate exhalation



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Skill #5: Supplement Oxygen Administration

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	1	
Assembles the regulator to the tank	1	
Opens the tank	1	
Checks for leaks	1	
Checks tank pressure	1	
Attaches nonrebreather mask to oxygen	1	
Prefills reservoir	1	
Adjusts liter flow to 12 liters per minute or greater	1	
Applies and adjusts the mask to the patient's face	1	
Note: The examiner must advise the candidate that the patient is not tolerating the nonrebreather mask. The medical director has ordered you to apply a nasal cannula to the patient.		
Attaches nasal cannula to oxygen	1	
Adjusts liter flow to six (6) liters per minute or less	1	
Applies nasal cannula to the patient	1	
Note: The examiner must advise the candidate to discontinue oxygen therapy.		
Removes the nasal cannula from the patient	1	
Relieves the pressure within the regulator	1	
Disassembles regulator	1	
Total:	15	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not assemble the tank and regulator without leaks
- _____ Did not prefill the reservoir bag
- _____ Did not adjust the device to the correct liter flow for the nonrebreather mask (12 liters or greater)
- _____ Did not adjust the device to the correct liter flow for the nasal cannula (6 liters per minute or less)



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Skill #6: Mouth-to-Mask with Supplemental Oxygen

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	1	
Connects one-way valve to mask	1	
Opens patient's airway or confirms patient's airway is open (manually or with adjunct)	1	
Establishes and maintains a proper mask to face seal	1	
Ventilates the patient at the proper volume and rate (800-1200 ml per breath/10-20 breaths per minute)	1	
Connects the mask to high concentration of oxygen	1	
Adjusts flow rate to at least 15 liters per minute	1	
Continues ventilation of the patient at the proper volume and rate (800-1200 ml per breath/10-20 breaths per minute)	1	
Note: The examiner must witness ventilations for at least 30 seconds.		
Total:	8	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not adjust liter flow to at least 15 liters per minute
- _____ Did not provide proper volume per breath (more than 2 ventilations per minute were below 800 ml)
- _____ Did not ventilate the patient at a rate of 10-20 breaths per minute
- _____ Did not allow for complete exhalation



EMT-I SKILLS PACKET

Skill #7: Cardiac Arrest Management/AED

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	1	
Assessment		
Briefly questions the rescuer about arrest events	1	
Directs rescuer to stop CPR	1	
Verifies absence of spontaneous pulse (Note: The examiner states, "No pulse.")	1	
Directs resumption of CPR	1	
Turns on defibrillator power	1	
Attaches automated defibrillator to the patient	1	
Directs rescuer to stop CPR and ensures all individuals are clear of the patient	1	
Initiates analysis of the rhythm	1	
Delivers shock (up to three successive shocks)	1	
Verifies absence of spontaneous pulse (Note: The examiner states, "No pulse.")	1	
Transition		
Directs resumption of CPR	1	
Gathers additional information about the arrest event	1	
Confirms effectiveness of CPR (ventilation and compression)	1	
Integration		
Verbalizes or directs insertion of a simple airway adjunct (OPA/NPA airway)	1	
Ventilates or directs ventilation of the patient	1	
Assures high concentration of oxygen is delivered to the patient	1	
Assures CPR continues without unnecessary/prolonged interruption	1	
Re-evaluates patient/CPR in approximately one minute	1	
Repeats defibrillator sequence	1	
Transportation		
Verbalizes transportation of the patient	1	
Total:	21	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not evaluate the need for immediate use of the AED
- _____ Did not direct initiation/resumption of ventilation/compressions at appropriate times
- _____ Did not assure all individuals were clear of patient before delivering each shock
- _____ Did not operate the AED properly (inability to deliver shock)
- _____ Prevented the defibrillator from delivering indicated stacked shocks



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Skill #8: Bleeding Control/Shock Management

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	1	
Applies direct pressure to the wound	1	
Elevates the extremity	1	
Note: The examiner must now inform the candidate that the wound continues to bleed.		
Applies an additional dressing to the wound	1	
Note: The examiner must now inform the candidate that the wound still continues to bleed. The second dressing does not control the bleeding.		
Locates and applies pressure to appropriate arterial pressure point	1	
Note: The examiner must now inform the candidate that the bleeding is controlled.		
Bandages the wound	1	
Note: The examiner must now inform the candidate the patient is now showing signs and symptoms indicative of hypoperfusion.		
Properly position the patient	1	
Applies high concentration oxygen	1	
Initiates steps to prevent heat loss from the patient	1	
Indicates the need for immediate transportation	1	
Total:	10	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not apply high concentration oxygen
- _____ Applied a tourniquet before attempting other methods of bleeding control
- _____ Did not control hemorrhage in a timely manner
- _____ Did not indicate a need for immediate transportation



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Skill #9: Spinal Immobilization Supine Patient

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes, body substance isolation precautions	1	
Directs assistant to place/maintain head in the neutral in-line position	1	
Directs assistant to maintain manual immobilization of the head	1	
Reassesses motor, sensory and circulatory function in each extremity	1	
Applies appropriately sized extrication collar	1	
Positions the immobilization device appropriately	1	
Directs movement of the patient onto the device without compromising the integrity of the spine	1	
Applies padding to voids between the torso and the board as necessary	1	
Immobilizes the patient torso to the device	1	
Evaluates and pads behind the patient's head as necessary	1	
Immobilizes the patient's head to the device	1	
Secures the patient's legs to the device	1	
Secures the patient's arms to the device	1	
Reassesses motor, sensory and circulatory function in each extremity	1	
Total:	14	

Critical Criteria

- _____ Did not immediately direct or take manual immobilization of the head
- _____ Released or ordered release of manual immobilization before it was maintained mechanically
- _____ Patient manipulated or moved excessively causing potential spinal compromise
- _____ Patient moves excessively up and down, left or right on the device
- _____ Head immobilization allows for excessive movement
- _____ Upon completion of immobilization, head is not in the neutral position
- _____ Did not assess motor, sensory and circulatory function in each extremity after immobilization
- _____ Immobilized head to the board before securing the torso



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Skill #10: Spinal Immobilization Seated Patient

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	1	
Directs assistant to place/maintain head in the neutral in-line position	1	
Directs assistant to maintain manual immobilization of the head	1	
Reassesses motor, sensory and circulatory function in each extremity	1	
Applies appropriately sized extrication collar	1	
Positions the immobilization device behind the patient	1	
Secures the device to the patient's torso	1	
Evaluates torso fixation and adjusts as necessary	1	
Evaluates and pads behind the patient's head as necessary	1	
Secure the patient's head to the device	1	
Verbalizes moving the patient to a long board	1	
Reassesses motor, sensory and circulatory function in each extremity	1	
Total:	12	

Critical Criteria

- _____ Did not immediately direct, or take, manual immobilization of the head
- _____ Released or ordered release of manual immobilization before it was maintained mechanically
- _____ Patient manipulated or moved excessively, causing potential spinal compromise
- _____ Device moved excessively up, down, left, or right on the patient's torso
- _____ Head immobilization allows for excessive movement
- _____ Torso fixation inhibits chest rise, resulting in respiratory compromise
- _____ Upon completion of immobilization, head is not in the neutral position
- _____ Did not assess motor, sensory and circulatory function in each extremity after voicing immobilization to the long board
- _____ Immobilized head to the board before securing the torso



EMT-I SKILLS PACKET

Skill #11: Unattached Avulsion or Amputation

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	1	
Controls bleeding if present	1	
Immobilizes in position of comfort and dresses the wound	1	
Assess Neurovascular Status – Avulsion Injury		
Checks distal pulse	1	
Checks movement distal to injury	1	
Checks sensation distal to injury	1	
Places avulsed tissue or amputated part in waterproof container and seals shut	1	
Applies ice or cold pack to container assuring no direct contact with tissue	1	
Transports avulsed tissue or amputated part with patient	1	
Total:	9	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not assess pulse, movement, or sensation distal to injury
- _____ Did not place avulsed tissue or amputated part in waterproof container
- _____ Did not apply ice or cold pack to container
- _____ Did not state transporting avulsed tissue or amputated part with patient



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Skill #12: Long Bone Immobilization

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	1	
Directs application of manual stabilization of the injured leg	1	
Assesses motor, sensory and circulatory function in the injured extremity	1	
Note: The examiner acknowledges, "Motor, sensory, and circulatory function are present and normal."		
Measures the splint	1	
Applies the splint	1	
Immobilizes the joint above the injury site	1	
Immobilizes the joint below the injury site	1	
Secures the entire injured extremity	1	
Immobilized the hand/foot in the position of function	1	
Reassesses motor, sensory and circulatory function in the injured extremity	1	
Note: The examiner acknowledges, "Motor, sensory, and circulatory function are present and normal."		
Total:	10	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Grossly moves the injured extremity
- _____ Did not immobilize the joint above and below the injury site
- _____ Did not reassess motor, sensory and circulatory function in the injured extremity before and after splinting



EMT-I SKILLS PACKET

Skill #13: Joint Dislocation Injury

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	1	
Directs application of manual stabilization of the shoulder injury	1	
Assesses motor, sensory and circulatory function in the injured extremity	1	
Note: The examiner acknowledges, "Motor, sensory, and circulatory function are present and normal."		
Selects the proper splinting material	1	
Immobilizes the site of the injury	1	
Immobilizes the bone above the injury site	1	
Immobilizes the bone below the injury site	1	
Reassesses motor, sensory and circulatory function in the injured extremity	1	
Note: The examiner acknowledges, "Motor, sensory, and circulatory function are present and normal."		
Total:	8	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not support the joint so that the joint did not bear distal weight
- _____ Did not immobilize the bone above and below the injury site
- _____ Did not reassess motor, sensory and circulatory function in the injured extremity before and after splinting



EMT-I SKILLS PACKET

Skill #14: Traction Splinting

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes body substance isolation precautions	1	
Directs application of manual stabilization of the injured leg	1	
Directs the application of manual traction	1	
Assesses motor, sensory and circulatory function in the injured extremity	1	
Note: The examiner acknowledges, "Motor, sensory, and circulatory function is present and normal."		
Prepares/adjusts splint to the proper length	1	
Positions the splint next to the injured leg	1	
Applies the proximal securing device (e.g., ischial strap)	1	
Applies the distal securing device (e.g., ankle hitch)		
Applies mechanical traction	1	
Positions/secures the support straps	1	
Re-evaluates the proximal/distal securing devices	1	
Reassesses motor, sensory and circulatory function in the injured extremity	1	
Note: The examiner acknowledges, "Motor, sensory, and circulatory function are present and normal."		
Note: The examiner must ask the candidate how he or she would prepare the patient for transportation.		
Verbalizes securing the torso to the long board to immobilize the hip	1	
Verbalizes securing the splint to the long board to prevent movement of the splint	1	
Total:	13	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Loss of traction at any point after it was applied
- _____ Did not reassess motor, sensory and circulatory function in the injured extremity before and after splinting
- _____ The foot was excessively rotated or extended after splint was applied
- _____ Did not secure the ischial strap before taking traction
- _____ Final immobilization failed to support the femur or prevent rotation of the injured leg
- _____ Secured the leg to the splint before applying mechanical traction

Note: If the Sagar splint or the KED is used without elevating the patient's leg, application of manual traction is not necessary. The candidate should be awarded one (1) point as if manual traction were applied.

Note: If the leg is elevated at all, manual traction must be applied before elevating the leg. The ankle hitch may be applied before elevating the leg and used to provide manual traction.



EMT-I SKILLS PACKET

Skill #15: Prehospital Childbirth

Candidate's Name: _____ Evaluator's Name: _____

Date: _____ Start Time: _____ Stop Time: _____

	Points Possible	Points Awarded
Takes or verbalizes, body substance isolation precautions	1	
Asks appropriate questions for pending delivery	1	
Observes for crowning	1	
Drapes patient	1	
Cleanses patient	1	
Positions hands for delivery	1	
When head delivers, suctions airway	1	
Delivers baby	1	
Suctions airway	1	
Note: The examiner states, "The patient is not breathing."		
Stimulates baby to breathe	1	
Dries and warms baby aggressively	1	
Clamps cord and cuts it	1	
Places baby on the abdomen or to breast	1	
Does APGAR at 1 and 5 minutes	1	
Delivers placenta and places in a bag	1	
Externally massages fundus	1	
Places OB pad between the mothers legs	1	
Total:	17	

Critical Criteria

- _____ Did not take or verbalize body substance isolation precautions
- _____ Did not ask the appropriate questions of the mother
- _____ Did not recognize impending delivery in a timely manner
- _____ Did not establish the airway aggressively
- _____ Did not warm patient aggressively
- _____ Did not recognize or state checking for a cord around the neck
- _____ Did not do the APGAR scale
- _____ Did not control bleeding and massage the fundus
- _____ Did not recognize possible meconium